



DR BEN HUNT

LECTURES, TRAINING, WORKSHOPS & MODULES



PhD in Performance Studies
MFA in Theatre Directing
PGCE in Secondary Ed



- One-day Workshop
- Weekend Intensive
- Week Short Course
- Full Module



- Studio-based workshops
- Discussion and theory seminars
- Solo and collaborative devising
- Practice-as-research
- Reflective journalling

*Specialist in Performance,
Activism, and Ethics*

Ben offers a unique portfolio of creative and critical programmes for higher education and professional contexts. With a background in performance, animal studies, and activism, Ben draws from academic research, applied theatre practice, and direct campaigning to deliver high-impact, reflective, and participatory learning.

All programmes are adaptable to diploma, undergraduate, postgraduate, and continuing professional development (CPD) levels.

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www.benhunt.info/teaching



PERFORMANCE & ACTIVISM



- Histories of protest performance (e.g. ACT UP, Pussy Riot, Extinction Rebellion)
- Devising for social change
- Tactical media and performative gestures
- Ethics of intervention
- Performance documentation as resistance



- **Essay:** Critical reflection on a historical or contemporary example.
- **Practical Work:** Devised activist performance with reflective written component.
- **Presentation:** Case study analysis of a movement or campaign.

Creative resistance and the politics of performance.

Explore how performance is used within activism to convey urgency, emotion, and transformation.

Through case studies, practice, and creative devising, participants analyse protest as performance and develop their own performance-based activist interventions.

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PERFORMANCE & TRAUMA



- Trauma theory and memory in performance
- Testimony, witnessing, and ethics
- Performing personal and political grief
- Applied theatre and community healing
- Vicarious trauma and performer care

*Staging memory, healing,
and collective witness.*

This programme explores how trauma is embodied, communicated, and transformed through performance.



- **Essay:** Theoretical analysis of trauma-based performance.
- **Practice-as-Research:** Performance work that engages with trauma, with a written rationale and analysis.
- **Workshop Facilitation Plan:** Design and justify a trauma-informed workshop.

It considers individual and collective trauma, with specific attention to activism, ethics, and testimonial performance.

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PERFORMING ANIMALITY



- Animal studies and posthumanist theory
- Drag, animality, and embodied critique
- Rehearsing interspecies empathy
- Ethics of representing animals
- Performance in animal rights campaigns



- **Essay:** Analysis of a performance or campaign using critical animal studies.
- **Creative Practice:** Solo or group performance exploring animality, accompanied by documentation or artist's statement.
- **Critical Reflection:** Response to live or recorded performances with theoretical framing.

Exploring the non-human through embodied practice.

Engage with representations of animals in performance, from classical theatre to contemporary animal rights activism.

The course challenges anthropocentrism and explores how performance can reimagine interspecies relationships.

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RECOMMENDATIONS



Ben is deeply connected to the ancient roots of theatre as an instrument of democracy and social change.

Andrew Buzzeeo
Actor & Director

Ben's thoughtful and thorough approach to creativity and activism, is exciting and original.

Alex Lockwood
Author & Narrative Strategist



Ben has endless passion and insight in the role of arts in activism, reflected in his deep research and practice.

Allissa Clarke
Associate Lecturer

Ben's passion for creative arts and his conviction of it's essential value in social change is priceless.

Daniel Hellman
Performance Artist

